

JUNE/JULY ISSUE

SIBYL

For the Spirit and Soul of Woman

Inspiring
Insightful
Informative
Intriguing

• INCORPORATING MINDFULNESS AND COMPASSION INTO EVERYDAY LIVING •

UP CLOSE & PERSONAL

This month's SOUL MESSAGE

From the desk of our Editor-In-Chief
Sibyl English, Founder of SIBYL Magazine

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INDEED, IT IS A TRUE BLESSING FOR ONE'S HEART TO BE IN SUCH A HAPPY PLACE . . .

The above are the very simple words my heart chose to use to express how I feel in this present moment of my life -- a very beautiful and nirvanic feeling. To my surprise and honest delight there is absolutely no anxiety to be found within my soul as I write this passage. None. Which is truly an amazing thing for me. Moving to central Mexico two years ago, living amongst a slower, calmer culture and people has given me a much sweeter understanding of time and pace -- EASY DOES IT ALWAYS GETS IT DONE. So, I choose to respect the flow of my heart's expression in this moment, reminding myself to be still and continue breathing in this blissful state of joy and peace! And so it is ...

Love, light and joy always,

Sibyl English

Be well my fellow sojourner until we meet again within the pages, going through the phases of our lives together. And may we continue moving forward in faith; seeing and believing in the vision God has inscribed upon each of our hearts. always, I always welcome all comments, questions, and suggestions from our readers and online subscribers.

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AN ENLIGHTENED VOICE OF WISDOM

Home

When we're young, we can't wait to leave it. When we're out on our own, we yearn for it. Home. There are as many different definitions for home as there are people. For some it's a geographic location—the place they were born, grew up, or maybe where they currently reside. For others, it's a feeling. It's been said that, "*Home is where the heart is.*"

It is my perspective that no matter where we go, when our internal compass—our inner guidance system—is Divine Love, we're at home within our self. Home is anywhere we are.

Listen with your heart,
Laurie Buchanan

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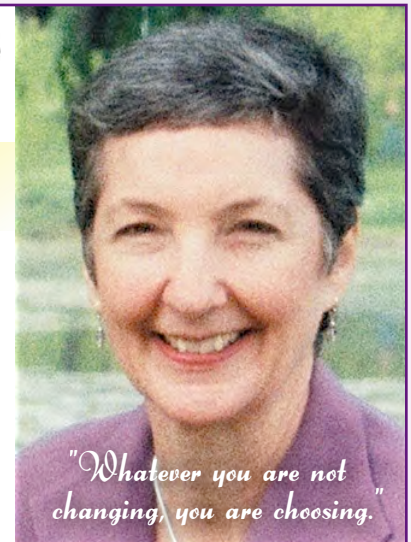


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Contact me if you want help to get on track and stay there - body, mind and spirit. I am available to take you from where you are, to where you want to be.

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*"Whatever you are not
changing, you are choosing."*